

**PLEASE RETURN COMPLETED
MENUS TOMORROW MORNING**

Child's name:

Class:

ALFORD PRIMARY SCHOOL ~ 3 WEEKLY MENUS

Can you please indicate at the bottom of each column your child's main meal and dessert choice for that day. On the days that you will be sending your child with a packed lunch can you please make sure that you write 'Packed lunch', or 'Pack-up'.

IF YOU HAVE ORDERED A HOT MEAL PLEASE DO NOT BRING A PACKED LUNCH

**It is very important that you complete ALL 3 menus
do not leave any of the columns blank**

Fresh fruit will be served with ALL puddings.
The children are given the choice of milk or water
and extra bread if necessary every day.
Wholegrain varieties of pasta and rice are always used.

**Please be aware, desserts can only be ordered if your child is having a hot meal
(NOT a packed lunch)**

(Monday 21st May to 25th May 2018)

	Monday 21st May	Tuesday 22nd May	Wednesday 23rd May	Thursday 24th May	Friday 25th May
MAIN MEAL 1 st CHOICE	Chicken Burger in a Bun Baked Beans	Jacket Potato Tuna Mayo Corn Cobette	Cottage Pie Green Beans & Carrots	Roast Turkey & Stuffing Roast Potatoes Broccoli & Mixed Veg	Salmon Fish Fingers Cous Cous Peas & Sweetcom Ketchup
MAIN MEAL 2 nd CHOICE	Tomato Pepper & Lentil Pasta Herb Bread Salad	Jacket Potato Cheese & Coleslaw Corn Cobette	Quorn Sausages Yorkshire Pudding Mashed Potato Green Beans & Carrots	Lentil Loaf Veg Gravy Roast Potatoes Broccoli & Mixed Veg	Cheese Pizza Baked Beans
DESSERT 1 st CHOICE	Sticky Toffee Pudding & Custard	Apple Bakewell & Custard	Chocolate & Vanilla Marble Sponge	Lemon Love Cake & Custard	Oat Cookie Box of Raisins
DESSERT 2 nd CHOICE	Yoghurt & Fresh Fruit	Fruit Salad	Cheese & Crackers Apple Wedge	Fruit Salad	Yoghurt & Fresh Fruit
MAIN CHOICE					
DESSERT CHOICE					
Please enter 1, 2 or PL in the relevant boxes					

(Tuesday 4th June to 11th May 2018)

	Monday 4th June	Tuesday 5th June	Wednesday 6th June	Thursday 7th June	Friday 8th June
MAIN MEAL 1 st CHOICE	Breaded Fish Chips Peas & Ketchup	Hunters Chicken Rice Broccoli	Beef Bolognaise Pasta Garlic Bread Green Beans	Roast Pork Apple Sauce Roast Potatoes Cabbage & Carrots	Hot Dog Potato Wedges & Salad
MAIN MEAL 2 nd CHOICE	Vegetable Nuggets Chips Peas Ketchup	Roast Veg Crumble Crusty Bread Broccoli	Vegetarian Cottage Pie Garlic Bread Green Beans	Roast Quorn Cranberry Sauce Roast Potatoes Cabbage & Carrots	Veg Burger in a Bun Baked Beans
DESSERT 1 st CHOICE	Apple Crumble & Custard	Chocolate Sponge & Chocolate Sauce	Fruit Muffin	Shortbread & Orange Juice	Fruit Jelly Ice Cream
DESSERT 2 nd CHOICE	Yoghurt & Fruit	Fruit Salad	Cheese & Biscuits Grapes	Yoghurt & Fruit	Fresh Fruit
MAIN CHOICE					
DESSERT CHOICE					
Please enter 1, 2 or PL in the relevant boxes					

(Tuesday 11th June to 15th June 2018)

	Monday 11th June	Tuesday 12th June	Wednesday 13th June	Thursday 14th June	Friday 15th June
MAIN MEAL 1 st CHOICE	Chicken Stir Fry Vegetable Rice	NO HOT DINNERS SPORTS DAY	Cottage Pie Crusty Bread Green Beans	Roast Turkey Stuffing Roast Potatoes Broccoli & Carrots	Salmon Fish Fingers Cous Cous Peas
MAIN MEAL 2 nd CHOICE	Jacket Potato Cheese & Baked Beans		Quorn Chilli Rice Garlic Bread Green Beans	Veg Sausages Yorkshire Pudding Roast Potatoes Broccoli & Carrots	Tomato & Cheese Pasta Crusty Bread & Peas
DESSERT 1 st CHOICE	Sticky Toffee Pudding & Custard		Fairy Cake	Apple & Blackberry Crumble & Ice Cream	Bakewell Tart & Custard
DESSERT 2 nd CHOICE	Yoghurt & Fruit		Cheese & Biscuits Fruit	Fresh Fruit Salad	Yoghurt & Fruit
MAIN CHOICE					
DESSERT CHOICE					
Please enter 1, 2 or PL in the relevant boxes					