

(Monday 3rd January to Friday 7th January 2022)

	Monday 3rd January	Tuesday 4th January	Wednesday 5th January	Thursday 6th January	Friday 7th January
MAIN MEAL 1st CHOICE	No School Back on Tuesday 4th January	Chicken Breast Stuffing Mashed Potato Broccoli & Carrots	Beef Meatballs in Tomato Sauce Rice Mixed Veg	Roast Pork & Apple Sauce Roast Potatoes Green Beans & Carrots	Salmon Fishcakes Lemon Cous Cous Peas
MAIN MEAL 2nd CHOICE		Ratatouille Cottage Pie Broccoli & Carrots	Quorn & Vegetable Chow Mein Rice	Glamorgan Sausage Yorkshire Pudding Roast Potatoes Green Beans & Carrots	Cheese & Tomato Pizza Coleslaw with Cherry Tomatoes
DESSERT		Strawberry Jelly Fresh Fruit	Chocolate Brownie Orange Juice	Gingerbread Man Fresh Fruit	Lemon Drizzle Cake

Alford Primary School is a Nut-Free School so please ensure that any food in your child's packed lunch DOES NOT CONTAIN ANY NUTS and food is prepared in a nut free environment.

(Monday 10th January to Friday 14th January 2022)

	Monday 10th January	Tuesday 11th January	Wednesday 12th January	Thursday 13th January	Friday 14th January
MAIN MEAL 1st CHOICE	Breaded Chicken Burger Diced Potatoes & Corn Cobette	Pasta Bolognaise Garlic Bread & Green Beans	Roast Turkey Stuffing Roast Potatoes Broccoli & Carrots Gravy	Creamy Mild Chicken Curry Vegetable Rice	Fish Fingers Chips Peas Ketchup
MAIN MEAL 2nd CHOICE	Cheese & Tomato Quiche Diced Potatoes & Corn Cobette	Summer Veg Lasagne Garlic Bread & Green Beans	Quorn Sausage Casserole Roast Potatoes Broccoli & Carrots	Tomato & Basil Pasta Crusty Bread & Carrot Batons	Cheesy Potato Pie Chips Peas
DESSERT	Flapjack Fresh Fruit	Chocolate Cookie Fresh Fruit	Flapjack & Apple Juice	Doughnut Fresh Fruit	Chocolate Mousse Fresh Fruit

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(Monday 17th January to Friday 21st January 2022)

	Monday 17th January	Tuesday 18th January	Wednesday 19th January	Thursday 20th January	Friday 21st January
MAIN MEAL 1st CHOICE	Jacket Potato With Tuna & Salad	Chicken & Pepperoni Pasta Garlic Bread & Sweetcorn	Hunters Chicken Rice & Broccoli	Roast Beef Yorkshire Pudding Roast Potatoes & Mixed Vegetables	Seaside Special Fish (Salmon) Chips Peas
MAIN MEAL 2nd CHOICE	Jacket Potato Cheese & Beans	Cheesy Pasta Garlic Bread & Sweetcorn	Quorn & Veg Chow Mein Rice	Quorn Roast Roast Potatoes Mixed Veg Gravy	Cheese Lattice Chips Peas
DESSERT	Chocolate Brownie Fresh Fruit	Flapjack & Milkshake	Fruit Mousse & Shortbread Finger	Oat Cookie Fresh Fruit	Gingerbread Man Fresh Fruit

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(Monday 24th January to Friday 28th January 2022)

	Monday 24th January	Tuesday 25th January	Wednesday 26th January	Thursday 27th January	Friday 28th January
MAIN MEAL 1st CHOICE	Pork Sausages Mashed Potatoes Carrots & Gravy	Ham & Cheese Pasta Crusty Bread & Sweetcorn	Roast Beef Yorkshire Pudding Roast Potatoes & Mixed Veg	Tomato & Basil Chicken Broccoli & Carrots	Breaded Fish Chips Peas & Ketchup
MAIN MEAL 2nd CHOICE	Vegetarian Sausages Mashed Potatoes Carrots & Gravy	Roasted Veg Pasta Bake Crusty Bread & Sweetcorn	Vegetable Frittata & Salad Bowl	Bean & Veg Jambalaya Broccoli & Carrots	Quorn Dippers Chips Peas & Ketchup
DESSERT	Chocolate Cookie Fresh Fruit	Iced Sponge Fresh Fruit	Oat Cookie & Strawberry Milk	Flapjack Fresh Fruit	Frozen Raspberry Yoghurt Fresh Fruit

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(Monday 31st January to Friday 4th February 2022)

	Monday 31st January	Tuesday 1st February	Wednesday 2nd February	Thursday 3rd February	Friday 4th February
MAIN MEAL 1st CHOICE	Breaded Chicken Chunks Potato Wedges & Sweetcorn	Italian Beef Meatballs with Pasta Broccoli & Crusty Bread	Sausage Yorkshire Pudding Creamed Potatoes Peas Gravy	Roast Pork Apple Sauce Roast Potatoes Broccoli & Carrots	Fish Fingers Chips Baked Beans
MAIN MEAL 2nd CHOICE	Vegetable Nuggets Potato Wedges & Sweetcorn	Tomato, Pepper & Lentil Crusty Bread & Broccoli	Veg Sausage Yorkshire Pudding Creamed Potatoes Peas Gravy	Sweet Potato & Chickpea Curry Rice	Vegetable Fingers Chips Baked Beans
DESSERT	Iced Shortbread Fresh Fruit	Chocolate Brownie Fresh Fruit	Raspberry Frozen Smoothie Fresh Fruit	Flapjack Fresh Fruit	Cupcake Fresh Fruit

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(Monday 7th February to Friday 11th January 2022)

	Monday 7th February	Tuesday 8th February	Wednesday 9th February	Thursday 10th February	Friday 11th February
MAIN MEAL 1st CHOICE	Hot Dog Diced Potato & Beans	Sweet & Sour Pork Vegetable Rice	Chicken Breast Stuffing Creamed Potatoes Broccoli & Carrots	Lasagne Garlic Bread & Salad	White Fish in a Parsley Butter Sauce Chips Peas
MAIN MEAL 2nd CHOICE	Southern Style Quorn Burger in a Bun Diced Potatoes & Beans	Pizza Carrot Sticks Cherry Tomatoes & Cucumber Sticks	Creamy Veg Pie Creamed Potatoes Broccoli & Carrots	Tomato & Basil Pasta With Cheese Garlic Bread & Salad	Cheese & Tomato Omelette Chips Peas
DESSERT	Chocolate Cookie Fresh Fruit	Flapjack & Milkshake	Banana Loaf Fresh Fruit	Gingerbread Man Fresh Fruit	Doughnut Fresh Fruit

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