

(Monday 6th September to Friday 10th September 2021)

	Monday 6th September	Tuesday 7th September	Wednesday 8th September	Thursday 9th September	Friday 10th September
MAIN MEAL 1st CHOICE	Pork Sausages Mashed Potatoes Carrots & Gravy	Ham & Cheese Pasta Crusty Bread & Sweetcorn	Roast Beef & Yorkshire Pudding Roast Potatoes & Mixed Veg	Tomato & Basil Chicken Rice Broccoli & Carrots	Breaded Fish Chips & Peas Ketchup
MAIN MEAL 2nd CHOICE	Vegetarian Sausages Mashed Potatoes Carrots & Gravy	Roasted Veg Pasta Bake Crusty Bread & Sweetcorn	Vegetable Frittata & Salad Bowl	Bean & Veg Jambalaya Broccoli & Carrots	Quorn Dippers Chips & Peas Ketchup
DESSERT	Chocolate Cookie & Fresh Fruit	Iced Cake & Fresh Fruit	Strawberry Mousse Fresh Fruit	Gingerbread Man Fresh Fruit	Chocolate Muffin Fresh Fruit

Alford Primary School is a Nut-Free School so please ensure that any food in your child's packed lunch DOES NOT CONTAIN ANY NUTS and food is prepared in a nut free environment.

(Monday 13th September to Friday 17th September 2021)

	Monday 13th September	Tuesday 14th September	Wednesday 15th September	Thursday 16th September	Friday 17th September
MAIN MEAL 1st CHOICE	Breaded Chicken Burger Diced Potatoes	Bolognaise Pasta Garlic Bread Green Beans	Roast Turkey Stuffing Roast Potatoes Broccoli & Carrots	Creamy Mild Chicken Curry Vegetable Rice	Fish Fingers Chips & Peas Ketchup
MAIN MEAL 2nd CHOICE	Cheese & Tomato Quiche Diced Potatoes Corn Cobette	Summer Veg Lasagne Garlic Bread Green Beans	Quorn Sausage Casserole Roast Potatoes Broccoli & Carrots	Tomato & Basil Pasta Crusty Bread Mixed Veg	Cheesy Potato Pie Chips & Peas
DESSERT	Chocolate Cookie Fresh Fruit	Flapjack Fresh Fruit	Donut Fresh Fruit	Frozen Raspberry Yoghurt Fresh Fruit	Lemon Cup Cake Fresh Fruit

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(Monday 20th September to Friday 24th September 2021)

	Monday 20th September	Tuesday 21st September	Wednesday 22nd September	Thursday 23rd September	Friday 24th September
MAIN MEAL 1st CHOICE	Sausage Yorkshire Pudding Creamed Potatoes Peas & Gravy	Cottage Pie Green Beans Crusty Bread	Roast Ham Roast Potatoes Mixed Veg & Gravy	Breaded Chicken Pieces Sweet & Sour Sauce Veg Rice	Salmon Fish Fingers Chips & Peas
MAIN MEAL 2nd CHOICE	Glamorgan Sausage Yorkshire Pudding Creamed Potatoes Peas & Gravy	Veg Cottage Pie Green Beans Crusty Bread	Veg Cobbler Roast Potatoes Mixed Veg	Quorn Strips & Veg Stir Fry Veg Rice	Cheese Lattice Chips & Peas
DESSERT	Iced Shortbread Fresh Fruit	Chocolate Mousse Fresh Fruit	Marble Sponge Cake Fresh Fruit	Mandarin Jelly Fresh Fruit	Flapjack Fresh Fruit

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(Monday 27th September to Friday 1st October 2021)

	Monday 27th September	Tuesday 28th September	Wednesday 29th September	Thursday 30th September	Friday 1st October
MAIN MEAL 1st CHOICE	Breaded Chicken Chunks Potato Wedges Sweetcorn	Italian Beef Meatballs with Pasta Broccoli & Crusty Bread	Roast Pork Apple Sauce Roast Potatoes Broccoli & Carrots	Hunters Chicken Rice Mixed Veg	Fish Fingers Chips & Baked Beans
MAIN MEAL 2nd CHOICE	Vegetable Nuggets Potato Wedges Sweetcorn	Cheesy Pasta with Crusty Bread & Broccoli	Sweet Potato & Chickpea Curry with Rice	Quorn & Veg Stir Fry Rice & Mixed Veg	Vegetable Fingers Chips & Baked Beans
DESSERT	Chocolate Cookie Fresh Fruit	Iced Cake Fresh Fruit	Strawberry Mousse Fresh Fruit	Gingerbread Man Fresh Fruit	Chocolate Muffin Fresh Fruit

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(Monday 4th October to Friday 8th October 2021)

	Monday 4th October	Tuesday 5th October	Wednesday 6th October	Thursday 7th October	Friday 8th October
MAIN MEAL 1st CHOICE	Hot Dog Diced Potatoes Baked Beans	Sweet & Sour Pork Balls Vegetable Rice	Chicken Breast Stuffing Creamed Potatoes Broccoli & Carrots	Lasagne Garlic Bread Potato Wedges	Breaded Fish Chips & Peas Ketchup
MAIN MEAL 2nd CHOICE	Southern Style Quorn Burger in a Bun with diced Potatoes & Baked Beans	Quorn Balls in a Tomato & Basil Sauce Vegetable Rice	Creamy Veg Pie Creamed Potatoes Broccoli & Carrots	Cheesy Pasta Garlic Bread Potato Wedges	Cheese & Tomato Omelette Chips & Peas
DESSERT	Chocolate Cookie Fresh Fruit	Flapjack Fresh Fruit	Donut Fresh Fruit	Frozen Raspberry Yoghurt Fresh Fruit	Lemon Cup Cake Fresh Fruit


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(Monday 11th October to Friday 15th October 2021)

	Monday 11th October	Tuesday 12th October	Wednesday 13th October	Thursday 14th October	Friday 15th October
MAIN MEAL 1st CHOICE	Chicken Burger Chips & Baked Beans	Pork Meatballs in Tomato Sauce with Rice & Vegetables	Roast Beef Yorkshire Pudding Creamed Potatoes Roast Parsnips Broccoli	Beef Bolognaise Pasta Garlic Bread Sweetcorn	Salmon Fishcake Potato Wedges Peas
MAIN MEAL 2nd CHOICE	Vegetable Burger Chips & Baked Beans	Tomato & Basil Pasta Crusty Bread Mixed Vegetables	Vegetarian Sausages Yorkshire Pudding Creamed Potatoes Roast Parsnips Broccoli	Jacket Potato with Cheese & Baked Beans	Pizza Potato Wedges Peas
DESSERT	Iced Shortbread Fresh Fruit	Chocolate Mousse Fresh Fruit	Marble Sponge Cake Fresh Fruit	Mandarin Jelly Fresh Fruit	Flapjack Fresh Fruit

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(Monday 18th October to Friday 21st October 2021)

	Monday 18th October	Tuesday 19th October	Wednesday 20th October	Thursday 21st October	Friday 22nd October
MAIN MEAL 1st CHOICE	Cheese Burger in a Bun Potato Wedges Cherry Tomatoes	Cheese & Ham Pasta Garlic Bread Salad	Steak Pie Creamed Potatoes Cabbage & Mixed Veg	Roast Chicken & Stuffing Roast Potatoes Broccoli & Sweetcorn	NO SCHOOL HALF TERM HOLIDAY BACK ON MONDAY 1ST NOVEMBER 
MAIN MEAL 2nd CHOICE	Veg Burger in a Bun Potato Wedges Cherry Tomatoes	Autumn Pasta Bake Garlic Bread Salad	Winter Vegetable Cobbler Creamed Potatoes Cabbage & Mixed Veg	Cheese & Red Pepper Omelette Roast Potatoes Sweetcorn	
DESSERT	Chocolate Cookie Fresh Fruit	Iced Cake Fresh Fruit	Strawberry Mousse Fresh Fruit	Blueberry Muffin Fresh Fruit	

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