

**Week 1 (Monday 30<sup>th</sup> October 2023 to Friday 3<sup>rd</sup> November 2023)**

	Monday 30 <sup>th</sup> Oct	Tuesday 31 <sup>st</sup> Oct	Wednesday 1 <sup>st</sup> Nov	Thursday 2 <sup>nd</sup> Nov	Friday 3 <sup>rd</sup> Nov
<b>Main Meal 1<sup>st</sup> Choice</b>	<b>NO SCHOOL</b>	Ham & Cheese Pasta Crusty Bread Sweetcorn	Roast Beef Yorkshire Pudding Roast Potatoes Mixed Veg	Cheese & Tomato Pizza New Potatoes Baked Beans	Breaded Fish & Chips Peas Ketchup
<b>Main Meal 2<sup>nd</sup> Choice</b>		Lentil Spaghetti Bolognaise Crusty Bread Sweetcorn	Quorn Sausage & Veg Pie Roast Potatoes & Mixed Veg	Cauliflower & Chickpea Korma Rice Mixed Vegetables	Vegetable Omelette Chips Peas Ketchup
<b>Dessert</b>		Peach & Pear Fruit Pots	Rice Pudding with Peaches	Mandarin Jelly	Chocolate Cookie & Milkshake
<b>Diary Dates</b>					

**Alford Primary School is a Nut-Free School so please ensure that any food in your child's packed lunch DOES NOT CONTAIN ANY NUTS and food is prepared in a nut free environment.**

**Week 2 (Monday 6<sup>th</sup> November 2023 to Friday 10<sup>th</sup> November 2023)**

	Monday 6 <sup>th</sup> Nov	Tuesday 7 <sup>th</sup> Nov	Wednesday 8 <sup>th</sup> Nov	Thursday 9 <sup>th</sup> Nov	Friday 10 <sup>th</sup> Nov
<b>Main Meal 1<sup>st</sup> Choice</b>	Breaded Chicken Burger Chips Baked Beans	Fruity Caribbean Chicken Curry Rice Mixed Vegetables Naan Bread	Roast Pork Roast Potatoes Medley of Vegetables Gravy	Pasta Bolognaise Seasonal Veg Crusty Roll	Oven baked Fishcake with Mashed Potato Sweetcorn & Tomato Sauce
<b>Main Meal 2<sup>nd</sup> Choice</b>	Crispy Vegetable Burger Chips & Baked Beans	Quorn Nuggets Ketchup Rice Mixed Vegetables	Roast Vegan Fillet Roast Potatoes Medley of Vegetables Gravy	Mixed Bean Tomato Pasta bake Seasonal Veg Crusty Roll	Cauliflower Cheese New Potatoes Sweetcorn
<b>Dessert</b>	Fruit Yoghurt	Chocolate Brownie & Custard	Apricot Flapjack Cold Milk	Oaty Peach Crumble Custard	Mandarin Jelly & Ice Cream
<b>Diary Dates</b>					

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**Week 3 (Monday 13<sup>th</sup> November 2023 to Friday 17<sup>th</sup> November 2023)**

	<b>Monday 13<sup>th</sup> Nov</b>	<b>Tuesday 14<sup>th</sup> Nov</b>	<b>Wednesday 15<sup>th</sup> Nov</b>	<b>Thursday 16<sup>th</sup> Nov</b>	<b>Friday 17<sup>th</sup> Nov</b>
<b>Main Meal 1<sup>st</sup> Choice</b>	Pork Sausages Mashed Potatoes Peas & Gravy	Beef Lasagne New Potatoes Salad Italian Bread	Roast Ham Roast Potatoes Mixed Veg Gravy	Chicken & Veg Curry Rice Sweetcorn Crusty Roll	Baked Fish Finger Chips Baked Beans
<b>Main Meal 2<sup>nd</sup> Choice</b>	Vegetable Sausages Mashed Potatoes Peas & Gravy	Roasted Pepper & Mixed Bean Tortillas Salad	Vegetable & Cheese Quiche Roast Potatoes Mixed Veg	Oven Baked Quorn Nuggets New Potatoes Sweetcorn Ketchup	Cheese & Tomato Omelette Chips Baked Beans
<b>Dessert</b>	Cheese & Biscuits Apple	Rice Pudding & Banana	Carrot Cake	Apple Sponge & Custard	Date & Chocolate Cookie Cold Milk
<b>Diary Dates</b>					

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**Week 4 (Monday 20<sup>th</sup> November 2023 to Friday 24<sup>th</sup> November 2023)**

	<b>Monday 20<sup>th</sup> Nov</b>	<b>Tuesday 21<sup>st</sup> Nov</b>	<b>Wednesday 22<sup>nd</sup> Nov</b>	<b>Thursday 23<sup>rd</sup> Nov</b>	<b>Friday 24<sup>th</sup> Nov</b>
<b>Main Meal 1<sup>st</sup> Choice</b>	Margherita Pizza New Potatoes Baked Beans	Chicken Meatballs Tomato & Basil Sauce Rice Sweetcorn Crusty Roll	Roast Chicken Roast Potatoes Mixed Veg Gravy	Savoury Mince Mashed Potatoes Green Beans Cauliflower	Breaded Fish & Chips Peas Ketchup
<b>Main Meal 2<sup>nd</sup> Choice</b>	Macaroni Cheese Baby Carrots Crusty Roll	Vegan Meatballs Tomato & Basil Sauce Rice Sweetcorn Crusty Rolls	Cheese & Bean Pie Roast Potatoes Mixed Veg Gravy	Vegan Sausages Mashed Potatoes Green Beans Cauliflower	Vegetable Lasagne Chips Peas Italian Bread
<b>Dessert</b>	Fruit Yoghurt	Oaty Apple Crumble Custard	Cherry Flapjack	Pear & Chocolate Sponge Custard	Fruit Jelly & Ice Cream
<b>Diary Dates</b>					

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**Week 5 (Monday 27<sup>th</sup> November 2023 to Friday 1<sup>st</sup> December 2023)**

	<b>Monday 27<sup>th</sup> Nov</b>	<b>Tuesday 28<sup>th</sup> Nov</b>	<b>Wednesday 29<sup>th</sup> Nov</b>	<b>Thursday 30<sup>th</sup> Nov</b>	<b>Friday 1<sup>st</sup> Dec</b>
<b>Main Meal 1<sup>st</sup> Choice</b>	Sweet n Sour Chicken Rice & Vegetables	Italian Beef Meatballs Pasta Broccoli & Crusty Bread	Roast Pork & Apple Sauce Roast Potatoes Broccoli & Carrots	Hunters Chicken Mashed Potato & Mixed Veg	Salmon Fish Fingers Chips Baked Beans
<b>Main Meal 2<sup>nd</sup> Choice</b>	Potato Pea & Spinach Frittata Mixed Vegetables	Sweet Potato, Chickpea & Green Beans Korma with Rice & Naan Bread	Cheesy Pasta Broccoli & Crusty Bread	Quorn & Veg Stir-Fry Rice & Mixed Vegetables	Quorn Nuggets Chips & Baked Beans
<b>Dessert</b>	Fruit Bread & Cheese	Peach & Pear Fruit Pots	Cherry Semolina Shortbread & Banana	Chocolate & Pear Sponge & Custard	Apple & Cinnamon Muffin & Milkshake
<b>Diary Dates</b>					

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**Week 6 (Monday 4<sup>th</sup> December 2023 to Friday 8<sup>th</sup> December 2023)**

	<b>Monday 4<sup>th</sup> Dec</b>	<b>Tuesday 5<sup>th</sup> Dec</b>	<b>Wednesday 6<sup>th</sup> Dec</b>	<b>Thursday 7<sup>th</sup> Dec</b>	<b>Friday 8<sup>th</sup> Dec</b>
<b>Main Meal 1<sup>st</sup> Choice</b>	Jacket Potato Tuna Mayonnaise & Coleslaw	Bolognese Pasta Crusty Roll Green Beans	Roast Turkey & Stuffing Roast Potatoes Broccoli Carrots & Gravy	Mild Chicken & Green Bean Curry Rice Mixed Vegetables	Fish Fingers Chips Peas & Ketchup
<b>Main Meal 2<sup>nd</sup> Choice</b>	Jacket Potato Cheese & Beans Coleslaw	Vegetable & Lentil Pasta Bake Crusty Roll Green Beans	Quorn Sausage Casserole Roast Potatoes Broccoli & Carrots	Tomato & Basil Pasta Meat free Meatballs Crusty Bread Mixed Vegetables	Cheesy Potato Pie Chips & Peas
<b>Dessert</b>	Pineapple Upside Down Cake with Custard	Oat & Raisin Cookie Satsuma	Fruit Jelly & Ice Cream	Apple Sponge Pudding With Custard	Banana Muffin
<b>Diary Dates</b>					



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**Week 7 (Monday 11<sup>th</sup> December 2023 to Friday 15<sup>th</sup> December 2023)**

	Monday 11 <sup>th</sup> Dec	Tuesday 12 <sup>th</sup> Dec	Wednesday 13 <sup>th</sup> Dec	Thursday 14 <sup>th</sup> Dec	Friday 15 <sup>th</sup> Dec
<b>Main Meal 1<sup>st</sup> Choice</b>	Pork Sausages Mashed Potato Carrots & Gravy	Ham & Cheese Pasta Crusty Bread Sweetcorn	Roast Beef Yorkshire Pudding Roast Potatoes Mixed Veg	Cheese & Tomato Pizza New Potatoes Baked Beans	Breaded Fish & Chips Peas Ketchup
<b>Main Meal 2<sup>nd</sup> Choice</b>	Vegetarian Sausages Mashed Potato Carrots & Gravy	Lentil Spaghetti Bolognese Crusty Bread Sweetcorn	Quorn Sausage & Veg Pie Roast Potatoes & Mixed Veg	Cauliflower & Chickpea Korma Rice Mixed Vegetables	Vegetable Omelette Chips Peas Ketchup
<b>Dessert</b>	Cheese & Biscuits	Peach & Pear Fruit Pots	Rice Pudding with Peaches	Mandarin Jelly	Chocolate Cookie & Milkshake
<b>Diary Dates</b>					

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**Week 8 (Monday 18<sup>th</sup> December 2023 to Wednesday 20<sup>th</sup> December 2023)**

	Monday 18 <sup>th</sup> Dec	Tuesday 19 <sup>th</sup> Dec	Wednesday 20 <sup>th</sup> Dec	Thursday 21 <sup>st</sup> Dec	Friday 22 <sup>nd</sup> Dec
<b>Main Meal 1<sup>st</sup> Choice</b>	Breaded Chicken Burger Chips Baked Beans	Fruity Caribbean Chicken Curry Rice Mixed Vegetables Naan Bread	<b>CHRISTMAS DINNER DAY</b>  <b>MORE DETAILS TO FOLLOW</b>  	  <b>Merry Christmas everybody</b>  <b>We look forward to seeing you on Wednesday 3<sup>rd</sup> January 2024</b>	
<b>Main Meal 2<sup>nd</sup> Choice</b>	Crispy Vegetable Burger Chips & Baked Beans	Quorn Nuggets Ketchup Rice Mixed Vegetables			
<b>Dessert</b>	Fruit Yoghurt	Chocolate Brownie & Custard			
<b>Diary Dates</b>					

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