

Week 1 (Monday 19th February to 23rd February 2024)

| | Monday 19 th Feb | Tuesday 20 th Feb | Wednesday 21st Feb | Thursday 22 nd Feb | Friday 23 rd Feb |
|-------------------------------------|---|--|--|---|---|
| Main Meal 1 st Choice | Pork Sausages Mashed Potatoes Peas & Gravy | Beef Lasagne New Potatoes Salad Italian Bread | Roast Ham Roast Potatoes Mixed Veg Gravy | Chicken & Veg Curry Rice Sweetcorn Crusty Bread Roll | Baked Fish Finger Chips Baked Beans |
| Main Meal 2 nd Choice | Veg Sausages Mashed Potatoes Peas & Gravy | Roasted Pepper & Mixed Bean Tortillas & Salad | Vegetable & Cheese Quiche Roast Potatoes Mixed Vegetables | Oven Baked Quorn Nuggets New Potatoes Sweetcorn Ketchup | Cheese & Tomato Omelette Chips Baked Beans |
| Dessert | Cheese & Biscuits Apple | Rice Pudding & Banana | Carrot Cake | Apple Sponge & Custard | Date & Chocolate Cookie Cold Milk |
| Diary Dates | | | | | |

Alford Primary School is a Nut-Free School so please ensure that any food in your child's packed lunch
DOES NOT CONTAIN ANY NUTS and food is prepared in a nut free environment.

Week 2 (Monday 26th February 2024 to Friday 1st March 2024)

| | Monday Tuesday | | Wednesday | Thursday | Friday |
|------------------------|----------------------|----------------------|----------------------|----------------------|---------------------|
| | 26 th Feb | 27 th Feb | 28 th Feb | 29 th Feb | 1 st Mar |
| | Margherita Pizza | Chicken Meatballs | Roast Chicken | Savoury Mince | Breaded Fish |
| | New Potatoes | Tomato & Basil | Roast Potatoes | Mashed | Chips |
| Main Meal | Baked Beans | Sauce | Mixed Veg | Potatoes | Peas & Ketchup |
| 1st Choice | | Rice | Gravy | Green Beans & | · |
| | | Sweetcorn | | Cauliflower | |
| | | Crusty Roll | | - | |
| | Macaroni Cheese | Vegan Meatballs | Cheese & Bean | Vegan Sausages | Vegetable |
| | Baby Carrots | Tomato & Basil | Pie | Mashed | Lasagne |
| Main Meal | Crusty Roll | Sauce | Roast Potatoes | Potatoes | Chips |
| 2 nd Choice | | Rice | Mixed Veg | Green Beans & | Peas & |
| | | Sweetcorn | Gravy | Cauliflower | Italian Bread |
| | | Crusty Roll | | | |
| | Fruit Yoghurt | Oaty Apple Crumble | Cherry Flapjack | Pear & | Fruit Jelly |
| Dessert | & Fresh Fruit | & Custard | | Chocolate | & Ice Cream |
| | | | | Sponge | |
| | | | | Custard | |
| Diary | | | | | |
| Dates | | | | | |

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Week 3 (Monday 4th March to 8th March 2024)

| | Monday 4 th March | Tuesday 5 th March | Wednesday 6 th March | Thursday 7 th March | Friday 8 th March |
|-------------------------------------|---------------------------------|----------------------------------|------------------------------------|-----------------------------------|---------------------------------|
| | Sweet n Sour | Italian Beef | Roast Pork | Hunters Chicken | Salmon Fish |
| | Chicken | Meatballs | Apple Sauce | Mashed Potato | Fingers |
| Main Meal | Rice | Pasta | Roast Potatoes | Mixed Veg | Chips |
| 1st Choice | & Vegetables | Broccoli | Broccoli & | _ | Baked Beans |
| | | Crusty Bread | Carrots | | |
| | Potato Pea & | Sweet Potato & | Cheesy Pasta | Quorn & Veg | Quorn Nuggets |
| M · M · | Spinach | Chickpea, Green | Broccoli | Stir-fry | Chips |
| Main Meal 2 nd Choice | Frittata | Bean Korma | Crusty Bread | Rice | Baked Beans |
| | Mixed Veg | Rice | - | Mixed Veg | |
| | _ | Naan Bread | | | |
| | Fruit Bread | Peach & Pear | Cherry Semolina | Chocolate & Pear | Apple & |
| Dessert | & Cheese | Fruit Pots | Short Bread | Sponge | Cinnamon Muffin |
| | | | Banana | Custard | Milkshake |
| Diary | | | | | |
| Dates | | | | | |

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Week 4 (Monday 11th March to Friday 15th March 2024)

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|------------------------|--|------------------------|------------------------|------------------------|------------------------|--|
| | Monday | Tuesday | Wednesday | Thursday | Friday | |
| | 11 th March | 12 th March | 13 th March | 14 th March | 15 th March | |
| | Jacket Potato | Bolognaise Pasta | Roast Turkey | Creamy Mild | Fish Finger | |
| Main Meal | Tuna Mayo | Crusty Roll | Stuffing | Chicken & Green | Chips | |
| 1st Choice | & Coleslaw | Green Beans | Roast Potatoes | Bean Curry | Peas | |
| | | | Broccoli Carrots | Rice | Ketchup | |
| | | | & Gravy | Mixed Veg | | |
| | Jacket Potato | Veg & Lentil | Quorn Sausage | Tomato & Basil | Cheesy Potato Pie | |
| | Cheese & Beans | Pasta Bake | Casserole | Pasta | Chips | |
| Main Meal | Coleslaw | Green Beans | Roast Potatoes | Meatfree | Peas | |
| 2 nd Choice | | Crusty Roll | Broccoli & | Meatballs | | |
| | | | Carrots | Crusty Bread | | |
| | Oat & Raisin | Pineapple Upside | Fruit Jelly | Apple Sponge | Banana Muffin | |
| Dessert | Cookie | Down Cake | & Ice | Pudding | | |
| | Satsuma | | Cream | & Custard | | |
| Diary | | | | | | |
| Dates | | | | | | |

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Week 5 (Monday 18th March to Friday 22nd March 2024)

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|------------------------|------------------------|------------------------|--|------------------------|
| | 18 th March | 19 th March | 20 th March | 21st March | 22 nd March |
| | Pork Sausages | Ham & Cheese | Roast Beef | Cheese & Tomato | Breaded Fish |
| Main Meal | Mashed Potato | Pasta | Yorkshire Pudding | Pizza | Chips |
| 1st Choice | Carrots & | Crusty Bread | Roast Potatoes | New Potatoes | Peas |
| | Gravy | Sweetcorn | Mixed Veg | Baked Beans | Ketchup |
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| | Veg Sausages | Lentil Spaghetti | Quorn Sausage & | Cauliflower & | Vegetable |
| | Mashed | Bolognaise | Veg Pie | Chickpea Korma | Omelette |
| Main Meal | Potatoes | Crusty Bread | Roast Potatoes | Rice & Mixed Veg | Chips |
| 2 nd Choice | Carrots & | Sweetcorn | Mixed Vegetables | 3 | Peas |
| | Gravy | | | | Ketchup |
| | Cheese & | Peach & Pear | Rice Pudding | Mandarin Jelly | Chocolate Cookie |
| Dessert | Biscuits | Fruit Pots | With Peaches | , and the second | With Milkshake |
| | | | | | |
| Diary | | | | | |
| Dates | | | | | |

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Week 6 (Monday 25th March to Friday 29th March 2024)

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|--|---|--|--|---|----------------------------------|--|
| | Monday 25 th March | Tuesday 26 th March | Wednesday 27 th March | Thursday 28 th March | Friday 29 th March | |
| Main Meal 1 st Choice | Breaded Chicken Burger Chips Baked Beans | Fruity Caribbean Chicken Curry Rice Mixed Veg Naan Bread | Roast Pork Roast Potatoes Medley of Vegetables | Pasta Bolognaise Seasonal Veg Crusty Roll | NO SCHOOL GOOD FRIDAY | |
| Main Meal 2 nd Choice | Crispy Vegetable Burger Chips Baked Beans | Quorn Nuggets Ketchup Rice Mixed Veg | Vegetable Stew Roast Vegetables Yorkshire Pudding | Mixed Bean Tomato Pasta Bake Seasonal Veg Crusty Roll | | |
| Dessert | Fruit Yoghurt & Fresh Fruit | Chocolate Brownie Custard | Apricot Flapjack Cold Milk | Oaty Peach Crumble Custard | | |
| Diary Dates | | | | | | |

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