


(Wednesday 4th September 2024 to Friday 6th September 2024)

Week 1	Monday 2 nd September	Tuesday 3 rd September	Wednesday 4 th September	Thursday 5 th September	Friday 6 th September
Main Meal 1st Choice	NO SCHOOL 		Roast Chicken Roast Potatoes Mixed Veg Gravy	Savoury Mince Mashed Potatoes Green Beans & Cauliflower	Breaded Fish Chips Peas & Ketchup
Main Meal 2nd Choice			Cheese & Bean Pie Roast Potatoes Mixed Veg Gravy	Vegan Sausages Mashed Potatoes Green Beans & Cauliflower	Vegetable Lasagne Chips Peas & Italian Bread
Dessert			Cherry Flapjack	Pear & Chocolate Sponge Custard	Fruit Jelly & Ice Cream
Diary Dates					

Alford Primary School is a Nut-Free School so please ensure that any food in your child's packed lunch DOES NOT CONTAIN ANY NUTS and food is prepared in a nut free environment.

(Monday 9th September 2024 to Friday 13th September 2024)

Week 2	Monday 9 th Sept	Tuesday 10 th Sept	Wednesday 11 th Sept	Thursday 12 th Sept	Friday 13 th Sept
Main Meal 1st Choice	Sweet n Sour Chicken Rice & Vegetables	Italian Beef Meatballs Pasta Broccoli Crusty Bread	Roast Pork Apple Sauce Roast Potatoes Broccoli & Carrots	Hunters Chicken Mashed Potato Mixed Veg	Salmon Fish Fingers Chips Baked Beans
Main Meal 2nd Choice	Potato Pea & Spinach Frittata Mixed Veg	Sweet Potato & Chickpea, Green Bean Korma Rice Naan Bread	Cheesy Pasta with Broccoli Crusty Bread	Quorn & Veg Stir-fry Rice Mixed Veg	Quorn Nuggets Chips Baked Beans
Dessert	Fruit Bread & Cheese	Peach & Pear Fruit Pots	Cherry Semolina Short Bread Banana	Chocolate & Pear Sponge Custard	Apple & Cinnamon Muffin with Milkshake
Diary Dates					

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(Monday 16th September 2024 to Friday 20th September 2024)

Week 3	Monday 16 th Sept	Tuesday 17 th Sept	Wednesday 18 th Sept	Thursday 19 th Sept	Friday 20 th Sept
Main Meal 1st Choice	Jacket Potato Tuna Mayo & Coleslaw	Bolognaise Pasta Crusty Roll Green Beans	Roast Turkey Stuffing Roast Potatoes Broccoli Carrots & Gravy	Creamy Mild Chicken & Green Bean Curry Rice Mixed Veg	Fish Finger Chips Peas Ketchup
Main Meal 2nd Choice	Jacket Potato Cheese & Beans Coleslaw	Veg & Lentil Pasta Bake Green Beans Crusty Roll	Quorn Sausage Casserole Roast Potatoes Broccoli & Carrots	Tomato & Basil Pasta Meat free Meatballs Crusty Bread	Cheesy Potato Pie Chips Peas
Dessert	Oat & Raisin Cookie Satsuma	Pineapple Upside Down Cake With Custard	Fruit Jelly & Ice Cream	Apple Sponge Pudding & Custard	Banana Muffin
Diary Dates					

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(Monday 23rd September 2024 to 27th September 2024)

Week 4	Monday 23 rd Sept	Tuesday 24 th Sept	Wednesday 25 th Sept	Thursday 26 th Sept	Friday 27 th Sept
Main Meal 1st Choice	Pork Sausages Mashed Potato Carrots & Gravy	Ham & Cheese Pasta Crusty Bread Sweetcorn	Roast Beef Yorkshire Pudding Roast Potatoes Mixed Veg	Cheese & Tomato Pizza New Potatoes Baked Beans	Breaded Fish Chips Peas Ketchup
Main Meal 2nd Choice	Veg Sausages Mashed Potatoes Carrots & Gravy	Lentil Spaghetti Bolognaise Crusty Bread Sweetcorn	Quorn Sausage & Veg Pie Roast Potatoes Mixed Vegetables	Cauliflower & Chickpea Korma Rice & Mixed Veg	Vegetable Omelette Chips Peas Ketchup
Dessert	Cheese & Biscuits	Peach & Pear Fruit Pots	Rice Pudding With Peaches	Mandarin Jelly	Chocolate Cookie With Milkshake
Diary Dates					

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(Monday 30th September 2024 to Friday 4th October 2024)

Week 5	Monday 30 th Sept	Tuesday 1 st October	Wednesday 2 nd October	Thursday 3 rd October	Friday 4 th October
Main Meal 1st Choice	Breaded Chicken Burger Chips Baked Beans	Fruity Caribbean Chicken Curry Rice Mixed Veg Naan Bread	Roast Pork Roast Potatoes Medley of Vegetables	Pasta Bolognaise Seasonal Veg Crusty Roll	Fishcake Mashed Potato Sweetcorn Tomato Sauce
Main Meal 2nd Choice	Crispy Vegetable Burger Chips Baked Beans	Quorn Nuggets Ketchup Rice Mixed Veg	Vegetable Stew Roast Vegetables Yorkshire Pudding	Mixed Bean Tomato Pasta Bake Seasonal Veg Crusty Roll	Cauliflower Cheese New Potatoes Sweetcorn
Dessert	Fruit Yoghurt & Fresh Fruit	Chocolate Brownie Custard	Apricot Flapjack Cold Milk	Oaty Peach Crumble Custard	Mandarin Jelly & Ice Cream
Diary Dates					

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(Monday 7th October 2024 to Friday 11th October 2024)

Week 6	Monday 7 th October	Tuesday 8 th October	Wednesday 9 th October	Thursday 10 th October	Friday 11 th October
Main Meal 1st Choice	Pork Sausages Mashed Potato Peas & Gravy	Beef Lasagne New Potatoes Salad Italian Bread	Roast Ham Roast Potatoes Mixed Veg Gravy	Chicken & Veg Curry Rice Sweetcorn Crusty Bread Roll	Baked Fish Finger Chips Baked Beans
Main Meal 2nd Choice	Vegetable Sausages Mashed Potato Peas & Gravy	Roasted Pepper & Mixed Bean Tortillas & Salad	Vegetable & Cheese Quiche Roast Potatoes Mixed Vegetables	Oven Baked Quorn Nuggets New Potatoes Sweetcorn Ketchup	Cheese & Tomato Omelette Chips Baked Beans
Dessert	Cheese & Biscuits with Fresh Apple	Rice Pudding & Banana	Carrot Cake	Apple Sponge & Custard	Date & Chocolate Cookie Cold Milk
Diary Dates					

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(Monday 14th October 2024 to Friday 18th October 2024)

Week 7	Monday 14 th October	Tuesday 15 th October	Wednesday 16 th October	Thursday 17 th October	Friday 18 th October
Main Meal 1st Choice	Margherita Pizza New Potatoes Baked Beans	Chicken Meatballs Tomato & Basil Sauce Rice Sweetcorn & Crusty Roll	Roast Chicken Roast Potatoes Mixed Veg Gravy	Savoury Mince Mashed Potatoes Green Beans & Cauliflower	Breaded Fish Chips Peas & Ketchup
Main Meal 2nd Choice	Macaroni Cheese Baby Carrots Crusty Roll	Vegan Meatballs Tomato & Basil Sauce Rice Sweetcorn & Crusty Roll	Cheese & Bean Pie Roast Potatoes Mixed Veg Gravy	Vegan Sausages Mashed Potatoes Green Beans & Cauliflower	Vegetable Lasagne Chips Peas & Italian Bread
Dessert	Fruit Yoghurt & Fresh Fruit	Oaty Apple Crumble & Custard	Cherry Flapjack	Pear & Chocolate Sponge Custard	Fruit Jelly & Ice Cream
Diary Dates					

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